

# MAJOR MILESTONE FOR MARK REID... 1,000th person attends his NNAS Navigation Skills courses



In April 2009 Mark Reid ran his first National Navigation Award Scheme (NNAS) course in the Yorkshire Dales, since when 1,000 people have attended one of his Bronze, Silver or Gold courses.

Mark Reid, known for his 'Inn Way' guidebooks, first began running navigation skills courses almost 10 years ago as a way to diversify his business following the financial crisis and decline of high street bookshops.

*"I thought my Inn Way walking guidebooks would be my pension, but I had to diversify to survive following the financial crisis 10 years ago. I set up TeamWalking to offer corporate days outdoors, but it was the navigation courses that really took off. With many years experience walking the hills whilst researching my guidebooks, I know the geography and heritage of the Yorkshire Dales inside out, and I also know how to read a map, so offering navigation courses was the natural progression."* said Mark.

*"These were an instant success and sold out straight away. I now take over 120 people out each year on the various NNAS courses."* added Mark. *"I really enjoy seeing people have eureka moments out on the hills when they realise how easy a compass is to use or when they can read contours and imagine what the path ahead will be like. It really is empowering for people. Knowing how to read a map and navigate is your passport to freedom across the hills; it opens the door to adventure and discovery."*

The 1,000th person attended Mark's NNAS Silver course at Reeth in late August 2018. Sophia travelled from London to attend the course, and spent three days learning navigation and hill skills across the moors and fells above Swaledale.

Sophia said... *"Thank you so much for an amazing three days and full immersion into the beauty of Swaledale and countryside lore! Thank you for everything; from philosophy to Ordnance Survey to grouse moorland management, and to gaffer tape when you fixed my boot! You, Swaledale and an OS map is the perfect countryside escape. I might be physically home in London, but I'm still swaddled in countryside love after the retreat in Swaledale!"*

Mark runs NNAS Bronze, Silver & Gold courses throughout the year, based at lovely villages in the Yorkshire Dales. For more experienced walkers, Mark offers a 3-day NNAS Silver course, which he calls 'Straight to Silver'. See [www.teamwalking.co.uk](http://www.teamwalking.co.uk) for details.

## NOTES FOR EDITORS

### **TeamWalking**

TeamWalking is run by Mark Reid, author of The Inn Way guidebooks and Mountain Leader. Mark offers a range of navigation courses and outdoor adventures in the Yorkshire Dales, Lake District and beyond, ranging from NNAS courses to Wild Camping expeditions, Boots & Beer Walking Weekends and Coast to Coast walking holidays. Since 2007 Mark Reid has taken over 9,000 people out walking in the countryside, and delivered NNAS courses to over 1,000 people.  
**[www.teamwalking.co.uk](http://www.teamwalking.co.uk)**

### **NNAS**

The National Navigation Award Scheme (NNAS) is a personal performance, non-competitive, incentive scheme for all ages to learn navigation skills and gain confidence to get out and enjoy the countryside. The awards progress from Bronze through to Silver and Gold, which reflect complexities of terrain and necessary skills. NNAS courses are delivered throughout the country by over 500 approved providers, including TeamWalking.  
**[www.nnas.org.uk](http://www.nnas.org.uk)**