



# Winter Newsletter

*January - March 2015*

Welcome to the fourth **TeamWalking** quarterly newsletter

## NEWS

### Spring Walking Weekenders filling up...

#### **North York Moors 10th - 12th April 2015**

Based from the beautiful village of **Rosedale Abbey** in the heart of the rolling **North York Moors**, this will be a weekend to remember with miles of glorious heather moorland, wide open skies, lapwings and curlews dancing in the air, cosy pubs and great company.

- Based from great country pubs
- Meet like-minded people
- Explore further with knowledgeable guides
- Choice of walks
- Pub Quiz and evening entertainment
- Sponsored by Black Sheep Brewery!

<http://www.walkingweekenders.co.uk>



## Working towards my Winter Mountain Leader award...

My current NGB walking awards (Walking Group Leader, Hill & Moorland Leader and Mountain Leader) have stood me in good stead for the past eight years - I've taken over 4,500 people outdoors in that time. But these are 'summer' awards, which means I can take people out in conditions that are not 'winter' (where snow prevails). These awards are not 'season' based, but dependent on prevailing conditions. However, the next progression is to gain my Winter ML award which, according to lots of people, involves about the same amount of work, experience and learning as gaining a degree!

Before I can attend the Winter ML week-long training course, I have to log at least 20 winter mountain days. So, I've spent much of this winter heading out to the mountains, bought some extra bits of (expensive) kit and I'm heading off to the Cairngorms for a week in March for a day's 1-to-1 training with a Mountaineering Instructor and then three days on my own practising the skills.

In February I had two fantastic days in the Lake District, with perfect winter conditions, based at Great Langdale.



## PHOTOS OF THE SEASON - Autumn 2014



November 2014

*NNAS Straight to Silver award, Grinton, Swaledale*



December 2014

*Christmas Pub Walk, Grinton, Swaledale*



December 2014

*NetWalk, Ilkley Moor*

[www.teamwalking.co.uk](http://www.teamwalking.co.uk)

Mark Reid, 2015