



Christmas Pub Walks Yorkshire Dales

With Mark Reid

author of 'The Inn Way' and Mountain Leader

WALK OVERVIEW

This December why not enjoy a morning's winter walk exploring the beautiful Yorkshire Dales with **Mark Reid** as your walking guide, and then return to a lovely Dales country pub for a **2-course Christmas lunch**?

Mark has **exceptional local knowledge**, and will share the history, heritage and geography with you whilst on the walk, with a mid-morning **hot mulled punch** break on the hillside! Our Christmas Pub Walks are leisurely, sociable, enjoyable and fun, topped off with Christmas lunch in a **great country pub**!

YOUR GUIDE



Mark Reid

Walking Group Leader
Hill & Moorland Leader
Mountain Leader
Author of 'The Inn Way' guidebooks

OUTLINE OF THE DAY - *All routes, timings & distances are approximate*

- Meet at 9am in the village pub for tea & coffee. Head off on our leisurely walk at 9:30am, and return back to the pub for lunch at around 1:30pm (walk approx. 6 miles).
- Hot mulled punch (non alcoholic) and mince pies break on the hillside at around 11am.
- 2-course Christmas lunch - turkey & all the trimmings followed by Christmas pudding (vegetarian option available).

TERRAIN

The walks will include fields, woodland, riverside, rough pastureland and perhaps some moorland. There will be stiles and small streams to cross, rough and uneven ground, muddy/wet ground, roads, lanes and farmyards. There will be some inclines along the way, some of which may be quite steep, but not sustained. We may experience adverse winter weather, which usually adds to the experience. We will pass through some lovely villages, explore hidden corners, enjoy wonderful views and soak up the Yorkshire dales in winter.

WHAT'S INCLUDED

- ✓ Tea/coffee when we meet in the morning
- ✓ Morning's guided walk with Mark Reid
- ✓ Hot mulled punch and mince pies break on the hillside (non alcoholic punch)
- ✓ 2-course Christmas Pub Lunch (vegetarian option available)
- ✓ Use of our Outdoor gear if required
- ✓ TeamWalking Loyalty Reward scheme *

NB: All participants must provide their own walking boots, personal walking clothing, transport and accommodation (if applicable).

WHAT TO WEAR & BRING WITH YOU

What to wear

It is important to wear a 'layering system' of clothing as follows:

- Base layer - long-sleeved T-shirt
- Mid layer - fleece
- Outer shell - waterproof/breathable coat and over-trousers
- Walking boots - waterproof with good ankle support and sturdy soles
- *plus* walking trousers

Wear clothing that is made from synthetic fibres, which are quick drying and help 'wick' moisture away from your skin. Do NOT wear cotton (especially jeans) as cotton soaks up moisture.

What to bring

- Warm hat, waterproof gloves
- Spare fleece
- Water bottle and snack food
- Medications (if applicable)
- Rucksack (to carry all of this in!)

Please note: You need to provide your own suitable outdoor footwear, preferably walking boots, with sturdy cleated soles and ankle support.

PLEASE NOTE

- No previous experience is required as full guidance will be given; however, a reasonable level of fitness and mobility is required as the natural environment can be demanding at times.
- No dogs due to livestock and birds.
- Over 18s only - our courses are designed for adults.

ANY QUESTIONS?

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