



Summer Newsletter

July - September 2015

Welcome to the sixth **TeamWalking** quarterly newsletter

NEWS

BOOTS & BEER IS BACK!

11th to 13th September 2015

Hawes, Wensleydale, Yorkshire Dales

The Boots & Beer Walking Festival ran for 11 successful years between 2002 and 2012, originally organised by Black Sheep Brewery and Mark Reid. Mark Reid is reviving the name and bringing this special weekend back to the Yorkshire Dales 'walking calendar' this September.

Boots & Beer Walking Weekenders will have a similar format to the original Walking Festival, but with a more relaxed 'walking weekend' feel rather than a big 'walking festival'. The weekends will always be based from great country pubs, and will also build upon Mark's successful 'Walking Weekenders' formula. The Boots & Beer Walking Weekenders will be promoted in association with Black Sheep Brewery.

"The Boots & Beer Walking Festival was always a great weekend, and for me it was all about the fantastic Wensleydale scenery, superb variety of walks with friendly people and sociable evenings in some great Dales pubs. I am reviving these special qualities, but with a much more intimate atmosphere with numbers limited to just 30 places rather than the 500 people we used to get. This will mean everyone can get to know each other really well and share the experience of walking in the Yorkshire Dales", commented Mark Reid.

"I know Wensleydale like the back of my hand as I have walked virtually all of the paths and hills in that area, and it is this experience and knowledge that I want to share with people on this weekend" added Mark. *"It is simply great to be coming back to Hawes."*



What's included

- Friday night 'get-together'
- Choice of guided walks on Saturday and Sunday (led by Mark Reid and Richard Tarran, Mountain Leaders)
- Detailed interpretation of the local history, geology, fauna, flora as well as various discussions along the walks.
- Saturday night Pub Quiz
- Goodie bag
- Black Sheep Brewery T-shirt.
- Weekend of great walks and fantastic company!

Boots & Beer - Hawes, Yorkshire Dales: 11th to 13th September 2015

Boots & Beer - Boot, Lake District: 9th to 11th October 2015

www.walkingweekenders.co.uk

DOES YOUR COMPANY HAVE TEAM EVENTS?

Fancy holding your next team event in the Great Outdoors?

Did you know TeamWalking offers team building and team events? Just one day with us will help your **team bond**, **break down work barriers** and **improve workplace relationships** - leading to a more effective and productive workforce

"We all had a great day. It really did help our team bond - two weeks later and we're still talking about it." Capital One

"I have had the best feedback from any of my team building days. It really brought us all together and really helped break down work barriers. I will recommend you internally to colleagues and other PA's, as I really think this is a great team building day!" M & G Investments

"We really enjoyed your leadership and input and I think it's done the world of good for the team. It did the job of team-building and motivating but also and very importantly helped people to understand each other better." University of Birmingham

Watch two short **YouTube videos** from recent Team Events

https://www.youtube.com/watch?v=KUG_I32Psysc

<https://www.youtube.com/watch?v=nX1XbEGqM7o>

- We will plan a bespoke day just for you and your team.
- Our walks are inclusive and enjoyable, with plenty of discussions and interactions along the way
- We always start and finish at a great country pub
- We are very experienced with dealing with all ages and abilities.
- We cover the whole of the UK, and know the Dales, Lakes, Snowdonia & Peak District well
- We are fully qualified, First Aid trained and highly experienced Mountain Leaders, and have a wealth of experience with corporate groups.

Contact Mark Reid on 07711 264019 to discuss your requirements

REVIEWS

BERGHAUS VAPOUR STORM JACKET

As you can imagine, I've worn quite a few waterproof outdoor jackets over the years, and in some atrocious weather. It has never really mattered what brand, material or price tag I went for, they all eventually 'wetted out' on the outside so they didn't breathe as well and then perspiration and body heat built up to make it clammy inside. But most most annoying of all was that external pockets filled with water, which made them useless in bad weather.

Anyway, Berghaus recently sent me one of their new jackets to try out. This is a really lightweight jacket, which has been stripped down so that there is only one pocket (which has a 'drain' so that it doesn't fill with water - brilliant!), a hood that can't be rolled away, hidden drawcords for the hood (so they don't flap in the wind) and clever thumb loops to prevent the sleeves rising up. The material is GORE-TEX Active, so it breathes well. But the REALLY clever thing is that there are front, side and back 'vents' that really do allow the warm (and moist) body heat to escape easily, which makes this the best jacket I've worn in the rain as it keeps you much drier and more comfortable inside.



My verdict - a really breathable jacket with a clever venting design. Lightweight, so best for 3-season hill/mountain use or trail/fell running. RRP: £270

<http://www.berghaus.com/mens-vapour-storm-jacket/420838.html>

PHOTOS OF THE SEASON - Spring 2015



April 2015

NNAS Straight to Silver course, Fountains Fell, Yorkshire Dales (left)

May 2015

Yorkshire Three Peaks (right)





June 2015

Boots & Beer Walking Weekender, Great Whernside (left)



June 2015

Corporate Event, Yorkshire Dales (right)

Upcoming Dates - July - September 2015

Please see website for availability.

8th July 2015

11th & 12th July 2015

18th & 19th July 2015

22nd July 2015

30th & 31st July 2015

Map Reading course - Druid's Temple, Yorkshire Dales

NNAS Bronze award - West Burton, Yorkshire Dales

NNAS Bronze award - Grassington, Yorkshire Dales

Map Reading course - Grassington, Yorkshire Dales

NNAS Bronze award - Aysgarth, Yorkshire Dales

1st & 2nd August 2015

3rd & 4th August 2015

5th August 2015

7th August 2015

24th - 26th August 2015

Wild Camping expedition - Eskdale, Lake District

Hill Skills - Grinton, Yorkshire Dales

Map Reading course - Malham, Yorkshire Dales

Yorkshire Square Walk - Wensleydale

NNAS 'Straight to Silver' award - Malham, Yorkshire Dales

3rd & 4th September 2015

5th September 2015

6th September 2015

9th September 2015

11th - 13th September 2015

16th September 2015

18th September 2015

23rd September 2015

26th & 27th September 2015

28th September 2015

NNAS Bronze award - Kettlewell, Yorkshire Dales

Map Reading course - Reeth, Yorkshire Dales

Yorkshire Three Peaks - Ribbleshead

Map Reading course - Kettlewell, Yorkshire Dales

Boots & Beer Walking Weekender - Yorkshire Dales

Map Reading course - Marsden Moor, South Pennines

Yorkshire Three Peaks - Ribbleshead

Map Reading course - Druid's Temple, Yorkshire Dales

Mountain Skills course - Glenridding, Lake District

Mountain Walk - Helvellyn, Lake District

www.teamwalking.co.uk

Mark Reid, 2015